



Harry Nosworthy

Year of Call: 2010

'Harry is an exceptional family law barrister and his calm and reassuring demeanour is a standout quality that immediately puts clients at ease.'

Legal 500, 2026

'Harry is utterly excellent. He is the first name you should phone if you have a complex financial remedy case. He will unpick it, analyse it and solve it; even in the trickiest of circumstances.'

Chambers and Partners, 2026



Practice Areas

Financial Remedies
International Children Law
Private Children Law

Non-Court Dispute Resolution

Early Neutral Evaluation
Private FDR

Direct Access

Education & Qualification

- BA (Hons) (Exeter)
- LLB (Hons)
- BVC (Outstanding)
- Jules Thorn Scholar (Middle Temple)

Appointments

- Deputy District Judge (sitting in Civil, Children and as a Specialist Financial Remedies Judge).
- Honorary Secretary of the Centre for Child and Family Law Reform.

Overview

Harry is an experienced family lawyer who specialises in both financial remedy and private law children work. He is ranked as leading Junior in Chambers and Partners and the Legal 500.

Professional Memberships

Family Law Bar Association
Middle Temple

Finance

Harry advises and represents clients in all aspects of the relationship breakdown. He has considerable expertise in dealing with complex financial remedy claims involving business assets, trusts, overseas assets and third party interventions.

Harry also has experience in financial claims arising under Schedule 1 of the Children Act 1989, trusts of land, Part III Matrimonial and Family Proceedings Act 1984, and Child Support Agency Tribunal proceedings and appeals.

Private Children Law

Harry represents parents and children in all disputes concerning living and contact arrangements.

International Children Law

Harry frequently advises and represents clients in respect of leave to remove applications.

Non-court dispute resolution

Harry receives instructions to sit as a private FDR judge and provide Early Neutral Evaluations.

Directories

“Clients immediately feel very comfortable and confident in this calm, effective and thorough advocate. He looks at all angles and thinks outside the box in order to identify solutions.”

“A persuasive advocate, who is very personable, has a fantastic manner with clients, and is always very well prepared.”

“Harry is a star in the making. He’s reliable, focused and clever.”

Chambers and Partners, 2025

‘Harry is a fantastic barrister with a calm manner, which immediately puts clients at ease. In court, he is a skilled and persuasive advocate who speaks with authority and gravitas.’

Legal 500, 2025

“Sensitive and approachable, and also someone who really fights his client’s corner.”

“Clients warm to Harry immediately and are instantly put at ease by his genuineness. He inspires confidence and is committed to what he does. In court he’s a persuasive presence, but in a most respectful manner.”

“He gets what clients are struggling with and gives reasonable, sensible advice.”

Chambers and Partners, 2024

‘Harry is an excellent barrister. His preparation and written work are of an extremely high quality. He has superb client management skills and is a skilled and canny advocate.’

‘Harry has a calm manner. He is self-assured and has gravitas above his level of call. He is extremely well-prepared, strong and confident in his advocacy.’

Legal 500, 2024

“Harry Nosworthy is popular with clients and easy to work with.”

“Well prepared and very personable, he manages to maintain his good humour even when things are a bit fractious.”

Chambers and Partners, 2023

Harry in an excellent advocate. He has a very calm demeanor which instantly puts clients at ease. He is always extremely well prepared and is a very persuasive advocate.’

Legal 500, 2023

A junior barrister who has a growing practice in matrimonial finance. He has particular experience in matters concerning financial remedy proceedings, and additional niche expertise in cohabitee claims and TOLATA.

Strengths: “Good with clients and is able to sort out and absorb the relevant detail in a case.” “He has a good bedside manner and advises clients properly.” “He is always calm for his clients and is never flustered by the court or opposition. He takes everything in his stride.”

Chambers and Partners, 2022

‘Immaculately prepared and cross-examines with gravitas. He is pragmatic, thorough and has great judgement.’

Legal 500, 2022

A junior barrister who has a growing practice in matrimonial finance. He has particular experience in matters concerning financial remedy proceedings, and additional niche expertise in Islamic marriage agreements.

Strengths: "Makes sure he keeps an open mind throughout to all the opportunities for resolving a case. He speaks with authority and gravitas."

Chambers & Partners, 2021

'Whilst being firm and quick in court, Harry has a kind and calm approach with clients making them feel at ease while answering any questions.'

Legal 500, 2021

An up-and-coming barrister who has a growing practice in matrimonial finance. He has particular experience in matters concerning financial remedy proceedings, and additional niche expertise in Islamic marriage agreements.

Strengths: "He has this relaxed and calm manner about him that helps clients reflect on the case in a measured way." "You know what you will get is a practical, common-sense approach from someone who is good with clients."

Chambers & Partners 2020