



Kate Van Rol

Year of Call: 2002

'Kate is a formidable advocate. She works with empathy and objectivity by giving clients the advice that they need to hear rather than what they want to hear.'

Legal 500, 2026

'Kate has a wonderful ability to put clients at ease. Hers is a very kind and understanding nature and she has a great ability to build trusting relationships.'

Chambers and Partners, 2026



Practice Areas

Financial Remedies
Private Children Law

Non-Court Dispute Resolution

Collaborative Law
Early Neutral Evaluation
Private FDR

Direct Access

Education & Qualification

- LLB (Hons) University of Newcastle
- College of Law, London
- Qualified Collaborative Lawyer

Overview

Kate is a specialist family practitioner with a particular interest in matrimonial finance and private law disputes. The mercurial nature of family law is what attracted Kate to practice in this area and she is committed to keeping up with its numerous developments. Kate is dedicated to providing robust and realistic advice with a focus on early dispute resolution. If matters cannot settle away from the Court arena, Kate will present and defend her cases in Court with tenacity and determination. Her approach to cases, and clients, together with her advocacy skills has resulted in a busy and continually expanding practice.

Professional Memberships

Family Law Bar Association
Lincoln's Inn
Affiliate Member of Resolution

Finance

Kate represents clients across the entire spectrum of matrimonial finance disputes. She is often brought in to advise at an early stage as to strategy and the merits of a case. She is regularly instructed in high-net-worth cases and those involving third party and business interests.

Private Children Law

Kate represents parties who are in dispute regarding the future arrangements for their children. She acts in cases with a complex factual basis and where serious allegations, of all natures, are made. Her focus is always on securing an outcome that works for the family. She will secure the best possible outcome, whether in Court or in negotiation, for her client.

Non-court dispute resolution

Kate acts as an early neutral evaluator in private Financial Dispute Resolution hearings. She is committed to providing a tailor-made solution to the parties to aid them in their settlement discussions and has an extremely high success rate of cases settling with her assistance. She is also regularly instructed to act on behalf of one party in pFDRs and in arbitrations covering financial as well as private law issues.

Directories

“Kate is brilliant at what she does and a pure joy to work with. She quickly picks up and retains the details in a case, and gives firm advice in a sensitive manner in order to drive the case forward.”

“She is incredible on the detail and really cares about the people she’s working with. She provides exceptional advice tailored to the client’s best interests.”

“Katherine Van Rol is a warm-natured lawyer who is superb. She’s quick on her feet, persuasive and someone who grasps cases quickly.”

Chambers and Partners, 2025

‘Kate is a calming and steady hand in complex family law cases. She is faultless in her case preparation and on her feet in court. She is well-skilled in reading the courtroom and adapting her advocacy style to suit the needs of the case.’

Legal 500, 2025

“Kate has a forensic knowledge of her brief. She is always well prepared and is a confident advocate, who is not afraid to give robust advice, whilst always managing client expectations sensitively.”

“While she can be soft and gentle with the client, she’s very robust in court and clients appreciate that. They feel that she’s fighting their corner.”

“She is a very dedicated advocate, who cares passionately about her work. She is down to earth and her approach calms the client.”

Chambers and Partners, 2024

‘Kate is the consummate performer with an eye for detail. She is able to distil complex legal concepts into succinct and powerful advocacy. She is pragmatic and reasonable, always fearless in her advocacy if the case requires it.’

‘Kate is an extremely tenacious advocate. She argues her client’s position robustly and forcefully in court. She is well-prepared and good with clients.’

Legal 500, 2024

“An engaging advocate, who is particularly good for complex matters. She undermines the other side’s case in a very elegant way and clients feel as though she’s really fighting for them.”

Chambers and Partners, 2023

‘Kate has good judgment in anticipating outcomes and can be bullish in court, so she is a great barrister when you want someone to roll their sleeves up and shake the other side up. She is also very personable and responsive to an instructing solicitor. Clients like her because she is empathetic with them, and they know that she will fight their corner.’

Legal 500, 2023

‘Kate handles all Children Act cases, particularly complex ones, with precision and expertise. She is direct but honest with clients, which they appreciate. Confident and totally

reliable in court.’
Legal 500, 2022

‘Is an excellent advocate, who is strong and determined and always gives a compelling performance in court.’
Legal 500, 2021